



Street Lane Dental Centre Sedation

Nervous Patients

Most patients experience some level of anxiety when visiting the dentist. This is usually eased with a friendly, gently manner and will hopefully lead to a relaxed, trusting relationship with your dentist. All our dental team are experienced in dealing with anxious patients and we are happy to take things as slowly as necessary. However, we realise that some patients may need a little extra help. For those patients, we can offer intravenous conscious sedation. If you are nervous about having dental treatment or you are having a procedure which may cause discomfort, intravenous (IV) sedation is an effective and safe treatment.

What is IV sedation?

Midazolam is the sedative we use which is injected into the back of the hand or arm. The Midazolam will make you feel deeply relaxed but you will still be able to understand and respond to requests from the dentist. **You will not be asleep.** You will not be aware of the operation, so this form of treatment is ideal for patients who wish to avoid the noise and vibration of the drill. It is also particularly useful if undergoing a particularly unpleasant procedure such as surgical wisdom tooth removal.

Are there any risks?

IV sedation is extremely safe when it is supervised by a specially trained dentist. Dr Carlie Betts is highly qualified and experienced, receiving a diploma in conscious sedation from Newcastle University in 2008.

IV sedation has four main effects:

- 1) It will reduce your anxiety and make you feel relaxed.
- 2) It will make you feel sleepy.
- 3) It will make you unaware of the procedure.
- 4) It will result in partial or total loss of the memory of the procedure.

We are able to offer any routine treatments under conscious sedation, please book in for a consultation with Dr. Carlie Betts to discuss further.