



## Street Lane Dental Centre Facial Aesthetics

### Introduction

Dr Carlie Betts carries out all the facial aesthetic treatments at SLDC

We offer a variety of facial aesthetic treatments but every treatment is tailored to each individual patient. Carlie prides herself on achieving a natural look to make you feel refreshed & confident. Being an experienced dentist gives her extensive knowledge of the facial form & underlying anatomy. She has undergone advanced training & only uses well-researched, clinically-approved products. Please book in for a detailed consultation where options & prices will be discussed.

### Treatment Options

- Wrinkle reduction with botulinum toxin (botox)
- Wrinkle reduction using temporary fillers (restylane & emervel)
- Facial contouring / brow lifting
- Lip enhancement
- Hyperhidrosis (excess sweating)
- Reducing “gummy smiles”
- Enhancing jaw lines

### Botulinum Toxin (Botox / Azzalure)

What is botox?

Botulinum toxin type ‘A’ is a naturally derived protein that blocks muscle nerve signals. We can safely inject botox to weaken the muscle & diminish unwanted wrinkles.

What is it used for?

Reducing / smoothing wrinkles, generally in the upper face. It weakens the muscles responsible for producing facial expression lines e.g. frown lines, crows feet & horizontal forehead lines. Static facial lines e.g. from sun damage will not usually respond to treatment as they are not caused by muscle activity. We can also use botox to give a more detailed jaw line & to lift the brows giving a more youthful appearance.

Botulinum toxin is also very effective at reducing “gummy smiles”. This is when you smile showing all your tooth & gum. This muscle can be relaxed so your lip lowers slightly when you smile, showing only tooth & no gum.

Botox also affects the sweat glands, reducing perspiration. This is very effective under the armpit, to reduce sweating & the effects can last up to 6 months.

What is the procedure?

Very fine needles are used to inject the botox into specific muscles. There may be some redness & bruising following treatment. The procedure produces minor discomfort but topical and / or local anaesthetic can be administered if necessary.

Are there any risks?

The most common side effects are headache & injection reactions like redness, bruising & swelling. There is also the small possibility of the toxin affecting other muscles aware from the site of injection. We take every care to keep these risks to an absolute minimum.

Botulinum toxin administration is not suitable if you are pregnant, breastfeeding or have any muscle or bleeding disorders.

How long does it last?

The initial effect of treatment becomes visible within 48 - 72 hours but the maximum effect is reached in 1 - 2 weeks. The effect of treatment is generally 3 - 4 months but can be 6 months for armpits.

## Fillers

What is a filler?

Dermal fillers contain hyaluronic acid (HA) that is found naturally in the skin which gives it its elasticity. HA exists naturally in living organisms & is identical between species & tissues.

The fillers we use are not permanent & can be dissolved if necessary.

Fillers do not affect facial expression & can give a subtle, youthful appearance.

What are they used for?

Dermal fillers are used in the face to reduce or remove lines, folds & wrinkles. They are usually used on the lower face but can be used almost anywhere to give a smooth appearance. The common lines that we can soften / remove include the nose-lip line, smoker's lines & marionette lines (corner of lip down to chin).

Fillers can also be used for facial contouring. We can enhance cheekbones, giving the face a natural lift, define & enhance lips (no trout-pout here) & define jaw lines.

## What is the procedure?

Local or topical anaesthetic will be used, if necessary, to anaesthetise the area. The filler is then injected to instantly lift the skin & soften the lines. Redness & swelling is to be expected but usually settles within 2 - 4 days. Lip swelling can be expected for up to a week. The effect improves once this redness & swelling has disappeared.

## Are they safe?

The main side effects are from the injection which include redness, swelling, pain, itching & bruising.

Allergic reaction is always a rare possibility.

We use Restylane & Emervel which have a very good safety record.

All treatments are carried out in a sterile, clinical environment with strict cross-infection protocols. We are health care professionals with our primary concern being your health & well-being.